How did your surgical journey BEGIN?

- MY GYNECOLOGIST DISCOVERED A LUMP
- I HAD A SUSPICIOUS MAMMOGRAM

I HAVE A HEREDITARY RISK

- MEET WITH A GENETIC COUNSELOR

DO YOU WANT TO HAVE RISK REDUCING SURGERY?

- Y
  - ARE ADDITIONAL SERVICES NEEDED?
    - Y
      - MEET WITH A BREAST SURGEON TO DEVELOP YOUR SURGICAL PLAN
    - N
      -(Meet with a genetic counselor)

- N
  - WAS YOUR RESULT ABNORMAL?
    - Y
      - MEET WITH A GENETIC COUNSELOR
    - N
      - WAS YOUR RESULT ABNORMAL?
        - Y
          - DO THEY FIND SUSPICIOUS CALCIFICATIONS OR A MASS?
            - Y
              - STEREOTACTIC OR ULTRASOUND-GUIDED BIOPSY BY BREAST SURGEON OR RADIOLOGIST
            - N
              - WERE THERE ABNORMAL OR CONCERNING FINDINGS?
                - Y
                  - MEET WITH A BREAST SURGEON TO DEVELOP YOUR CARE PLAN
                - N
                  - No Further Follow Up Is Needed.

- N
  - No Action Is Needed

REMEMBER TO FOLLOW THE REGULAR MAMMOGRAM SCHEDULE RECOMMENDED BY YOUR DOCTOR.

*Note, depending on your diagnosis, your medical oncologist may provide several types of non-surgical treatment before surgery or after surgery. These treatment options could include one or more of the following: radiation therapy, chemotherapy, hormone therapy, bone-directed therapy, or targeted therapy. These options are not illustrated in this chart.
Mastectomy Plan

CONTINUED FROM SIDE 1

MASTECTOMY

WHAT TYPE(S) OF
MASTECTOMY IS (ARE)
RECOMMENDED BY
YOUR BREAST
SURGEON

HIDDEN SCAR®
NIPPLE SPARING
MASTECTOMY

SKIN SPARING
MASTECTOMY

DO YOU WANT
TO HAVE BREAST
RECONSTRUCTION

CONSULTATION WITH
PLASTIC SURGEON

WHAT IS YOUR
RECONSTRUCTION
PLAN

Y

MASTECTOMY BY BREAST SURGEON.
TISSUE EXPANDER PLACEMENT BY
PLASTIC SURGEON.**

N

MASTECTOMY WITH
BREAST SURGEON

MASTECTOMY BY BREAST SURGEON.
BREAST IMPLANT PLACEMENT BY
PLASTIC SURGEON.

MASTECTOMY BY BREAST SURGEON.
FLAP RECONSTRUCTION
BY PLASTIC SURGEON.

**The Tissue Expander will be replaced with an
implant or flap reconstruction after non-surgical
 treatment by your medical oncologist

What's Next:

CONSULTATION WITH
PLASTIC SURGEON

BREAST SURGEON
FOLLOW UP VISITS
EVERY 6 MONTHS
FOR 5 YEARS***

PLASTIC SURGEON
FOLLOW UP VISITS
REGULARLY
FOR 1 YEAR***

***Note, depending on your
diagnosis, your medical oncologist
may provide several types of
non-surgical treatment after
surgery. These treatment options
could include one or more of the
following: radiation therapy or
chemotherapy. These options are
not illustrated in this chart.

Lumpectomy or Excisional Biopsy Plan

CONTINUED FROM SIDE 1

LUMPECTOMY OR
EXCISIONAL
BIOLOGY

WHERE WILL
YOUR INCISION BE

DIRECTLY OVER
THE TUMOR
(VISIBLE SCAR)

HIDDEN SCAR
LUMPECTOMY OR
OR EXCISIONAL
BIOLOGY

THE SCAR IS HIDDEN
IN ONE OF THE
FOLLOWING LOCATIONS:
1. INFRAMARY FOLD
(crease beneath
the breast)
2. ALONG THE EDGE
OF THE AREOLA
3. IN THE
AXILLA (ARM Pit)

WILL YOUR
SURGERY INCLUDE
BREAST REDUCTION
OR SYMMETRY

CONSULTATION WITH
PLASTIC SURGEON
(IF NEEDED)

WIRE LOCALIZATION
BY RADIOLOGIST
(IF NEEDED)

LUMPECTOMY &
REDUCTION OR SYMMETRY
PROCEDURE BY
BREAST OR
PLASTIC SURGEON

WIRE LOCALIZATION
BY RADIOLOGIST
(IF NEEDED)

LUMPECTOMY
SURGERY BY
BREAST SURGEON

What's Next:

CONSULTATION WITH
PLASTIC SURGEON

BREAST SURGEON
FOLLOW UP VISITS
EVERY 6 MONTHS
FOR 5 YEARS***

PLASTIC SURGEON
FOLLOW UP VISITS
REGULARLY
FOR 1 YEAR***

***Note, depending on your
diagnosis, your medical oncologist
may provide several types of
non-surgical treatment after
surgery. These treatment options
could include one or more of the
following: radiation therapy or
chemotherapy. These options are
not illustrated in this chart.

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